AGENDA

Subcommittee Members: Joel Wolfberg and Wesley Mukoyama

For meeting materials go to http://sccgov.iqm2.com/Citizens/Calendar.aspx?View=Calendar

1. CALL TO ORDER:
   a. Roll Call:
   b. Introductions:

2. APPROVE AGENDA / MINUTES:
   a. Approve Agenda - 6/10/19
   b. Accept Minutes - 4/8/19

3. PUBLIC COMMENT: The public may comment on any item of public interest within the jurisdiction of the Behavioral Health Board. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute maximum time limit (subject to change at the Chair’s direction). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on the posted Agenda as they occur during the meeting. Request to Speak Form is available on the table by the entrance. Please turn in to the BH Board Support Liaison.

4. ANNOUNCEMENTS:
   a. Dementia Friendly Communities Summit is scheduled for Friday, June 21, 2019, 9:30 a.m. to 12:00 p.m. at Sunnyvale Community Center Ballroom- 550 E. Remington Drive, Sunnyvale. Register through Eventbrite: https://dementiasummit19.eventbrite.com
   b. On June 13th, Santa Clara County will recognize World Elder Abuse Awareness Day (WEAAD). WEAAD is in support of the United Nations International Plan of Action acknowledging the significance of elder abuse as a public health and human rights issue. Event is scheduled for Thursday, June 13, 2019 9:00 am- 12:00 pm at Campbell Community Center Orchard City Banquet Hall 1 West Campbell Avenue, Campbell, CA. Registration is available through Eventbrite.

5. CHAIR’S REPORT:

6. STANDING ITEMS:
   a. Legislation

7. DISCUSSION: FUTURE PRESENTATIONS /DISCUSSION/ PRESENTERS
   a. Discuss opportunities for action related to Dementia and cognitive disorders.
   b. Discuss possibilities for a pilot program that hires staff to provide follow-up and specialty services in the community for those with Dementia who also exhibit behavioral health symptoms.

8. OLDER ADULT STAFF PERSON’S REPORT:
   a. Margaret Obilor, Behavioral Health Division Director, A/OA
9. **FUTURE MEETING TOPICS:**
   a. Caregiver Care, Compassion Fatigue- TBD
   b. Mentally Ill Older Adults in the County Jail - TBD (Joanne Dobrzynski indicated she can explore this for us)
   c. Older Adult Substance Use- SUTS
   d. Veterans Affairs Hospital- (Gary Miles could provide a contact once a specific area/topic is identified)
   e. Review Older Adult Services provided by the Mobile Crisis Response Team
   f. First Responder training for assisting older adults
   g. MHSA funding for housing/older adult programs

10. **ADJOURNMENT:** The next meeting is calendared for August 12, 2019 at 1075 E. Santa Clara Street, 2nd Floor, Training Room 3 - San José, CA 95116

**MISSION STATEMENT:**
The Older Adult Committee focuses on mental health and substance abuse issues for older individuals (60+). Committee members continued to advocate and express the need for older adult behavioral health services. There is a belief that older adults have distinct characteristics and needs different from other age groups and that funding and services for older adults needs to recognize these differences and provide services accordingly. Training is needed in older adult treatment and prevention and encourage collaboration with other older adult providers.

**VISION STATEMENT:** The Older Adult Committee’s Vision for a system of behavioral health for older adults is
- A thriving older adult division of the Department of Behavioral Health, that delivers services from a foundation of evidence-based practices throughout the entire system of behavioral health care.
- A system in which the professionals delivering services experience their work as “supportive” stimulating, rewarding and creative.
- A system where older adults have access to culturally competent, effective and comprehensive treatment and service, where interventions are community oriented and occur at the earliest point of need.

All BHB meetings are open to the public. You are welcome and encouraged to attend.

In compliance with the Americans with Disabilities Act, those requiring accommodation for this meeting should notify Behavioral Health Board Support Staff, Debra Boyd 24 hours prior to the meeting at (408) 885-5782, TDD (408) 993-8272.

**COMMUTE ALTERNATIVES:** The Board of Supervisors encourages the use of commute alternatives including bicycles, carpooling, and hybrid vehicles. Bicycle parking racks are NOT available at this location.

Public transit access is available to and from Uplift Family Services, 251 Llewellyn Ave, California by VTA bus lines 22, 23, 60, 82 and light rail 902. For trip planning information, contact the VTA Customer Service Department at 408-321-2300 Monday through Friday between the hours of 6:00 a.m. to 7:00 p.m., and on Saturday from 7:30 a.m. to 4:00 p.m. Schedule information is also available on the web at www.vta.org.

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to all or a majority of the BHB-Older Adult Committee less than 72 hours prior to that meeting are available for public inspection at the Behavioral Health Services Administration, 828 S. Bascom Avenue, Suite 200, San Jose, CA during normal business hours, as well as online at https://www.sccgov.org/sites/mhd/MentalHealthBoard/OlderAdultCommittee/Pages/default.aspx
MINUTES

Subcommittee Members: Joel Wolfberg, Victor Ojakian and Wesley Mukoyama

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1. CALL TO ORDER: Joel Wolfberg called meeting to order at 9:04 am.
   a. Roll Call: Jessie Ferguson called roll.
      • Present: Joel Wolfberg, Victor Ojakian, Wesley Mukoyama
      • Quorum was established.
   b. Introductions: roundtable introductions took place.

2. APPROVE AGENDA / MINUTES:
   a. Approve Agenda - 4/8/19
      • Motion: Ojakian, Second: Mukoyama; To approve Agenda of 4/8/19. Vote: Passed
   b. Accept Minutes - 3/11/19
      • Motion: Ojakian, Second: Wolfberg, To approve Minutes of 3/11/19. Vote: Passed

3. PUBLIC COMMENT: Wesley Mukoyama commented on coordination of services and access through the call center.

4. ANNOUNCEMENTS:
   a. Save the Date!! The 8th Annual Heroes Awards Luncheon will take place on May 1, 2019 and will feature County Executive Jeffrey V. Smith as the keynote speaker.
   b. Alzheimer's Association, 6th Annual Alzheimer’s Latino Conference (presented in Spanish) will take place Saturday, April 27, 8:00 to 1:00 pm, Mexican Heritage Plaza, 1700 Alum Rock Ave, San Jose
   c. Suicide to Hope: The Suicide to Hope training is targeted towards clinicians and other mental health professionals who have already taken a suicide-first aid course. This is a great opportunity for school counselors, educators that have already completed ASIST and other wellness staff. Date: May 22, 2019 Time: 8:30 am to 4:30 pm Location: Santa Clara County Office of Education, 1290 Ridder Park Dr., San Jose, CA 95131 Registration: Please contact (408) 453-6569 for more information.
   d. Suicide Prevention Conference is scheduled for Friday, May 31, 2019- 8:30 a.m. - 1:00 p.m. at Santa Clara County Office of Education 1290 Ridder Park Drive, San Jose CA
   e. Older Adult Social Isolation Roundtable: A Community Response is scheduled for Friday, April 26, 2019 1:00 to 3:30 pm at San Jose City Hall 200 E Santa Clara Street, Room Wing 118, 119, 120.
   f. NAAMI's general meeting on Ending the Silence will take place tomorrow, April 9th, a training provided in schools. Meeting location: Good Samaritan Hospital Auditorium, 2425 Samaritan Drive, San Jose, CA from 7 pm to 9 pm.
   g. Cindy McCalmont will present on Faith-Based Mental Health at the next NAAMI Santa Clara County General Meeting. Meeting is scheduled for Tuesday, May 14th at Good Samaritan Hospital Auditorium, 2425 Samaritan Drive, San Jose, CA from 7pm to 9 pm.

5. PRESENTATION: How dementia and cognitive disorders relate to mental health - Alexandra Morris, Professional Training Specialist- Alzheimer’s Association
a. Alex opened her presentation with sharing that she has been involved in this work for 20 years and shared an upcoming conference, *Updates on Dementia* to be held May 9th in South San Francisco. Those interested in attending can register [here](#), visit alz.org or [updatesondementia.com](#) for conference details. Alex provided many data figures and findings such as the relationship with chronic anxiety and increased risk for dementia. She then shared case studies of Mrs. E and Mrs. S by providing their backgrounds and the progression of their health and care. Alex highlighted that 97% of individuals with Alzheimer’s disease experience behavioral and psychological symptoms that complicate their care, increase costs and decrease quality of life for the patient and the caregivers. She also reported that Medicaid spending is 19 times higher for beneficiaries with Alzheimer’s disease and it is expected to see a 58.7% increase in Medi-Cal spending on dementia over the next decades to nearly $5 billion annually.

b. Victor Ojakian asked to place the following item on next month’s agenda for further discussion: Opportunities for action related to Dementia and cognitive disorders.

c. Wesley Mukoyama asked to place the following item on next month's agenda for further discussion: A pilot program that hires staff to provide follow-up and specialty services in the community for those with Dementia who also exhibit behavioral health symptoms.

6. CHAIR’S REPORT: None.

7. STANDING ITEMS:
   a. Legislation
      • Victor Ojakian plans to discuss updates on legislation in May due to limited time in today’s meeting.

8. DISCUSSION: FUTURE PRESENTATIONS /DISCUSSION/ PRESENTERS
   a. Review/discuss mission and vision statements included after item number 11.
      • Motion: Ojakian, Second: Mukoyama; To leave mission and vision statements as they are. Vote: Passed.
   b. Discuss revised recommendation: survey/ask first responders and paramedics about their ability to provide mental health services to older adults and determine if first responders receive training on questions to ask older adults dealing with mental illness. Maria Fuentes offered to reach out to the County Health System on this topic. Board Members agreed to send Kathryn Parlet a note asking the questions below:
      • What/how much training is received by officers?
      • How prepared are first responders to deal with older adults who have mental conditions?

9. OLDER ADULT STAFF PERSON’S REPORT:
   a. Maria Fuentes, Senior Services Manager, BHSD
      • Chair Joel Wolfberg thanked Maria for her service highlighting her empathy and commitment to behavioral health through all these years. Maria shared that she has worked for Santa Clara County 29 years and would like to continue to be involved in some way.
   b. Bruce Copley, Director, Alcohol Drug Access Services, SUTS
      • Not present to report.

10. FUTURE MEETING TOPICS:
    a. Caregiver Care, Compassion Fatigue- TBD
    b. Mentally Ill Older Adults in the County Jail - TBD (Joanne Dobrzynski indicated she can explore this for us)
    c. Housing- Victor Ojakian will reach out to Palo Alto Housing Corporation- (Victor Ojakian will forward email to me)
    d. Older Adult Substance Use- Sandy Davis/ Stephanie Kitchen, SUTS
    e. Veterans Affairs Hospital- (Gary Miles could provide a contact once we define the
area/topic we want to cover)
f. Review Older Adult Services provided by the Mobile Crisis Response Team
g. First Responder training for assisting older adults
h. MHSA funding for housing/older adult programs

11. ADJOURNMENT: Meeting adjourned at 10:27 am. The next meeting is calendared for May 13, 2019 at 1075 E. Santa Clara Street, 2nd Floor, Training Room 3 - San José, CA 95116

MISSION STATEMENT:
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  ▪ A system where older adults have access to culturally competent, effective and comprehensive treatment and service, where interventions are community oriented and occur at the earliest point of need.

These minutes are respectfully submitted by:

Jessie Ferguson, (408) 885-3642
Jessie.Ferguson@hhs.sccgov.org / www.sccmhd.org
COUNTY of SANTA CLARA BEHAVIORAL HEALTH BOARD PUBLIC MEETING

Older Adult Committee
Monday, April 8, 2019 (9:00 am - 10:00 am)

Uplift Family Services - Community Room
251 Llewellyn Avenue, Campbell, CA 95008

Sign-In Sheet

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<tr>
<th>Print Name Clearly (attendance List Optional):</th>
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<tr>
<td>1. Joel Wolfberg – Chair</td>
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<td>2. Victor Ojakian, Co-Chair</td>
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<td>3. Wesley Mukoyama, Member</td>
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<td>4. Maria Fuentes, Older Adult Services Mgr.</td>
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<td>5. Bruce Copley, Director Alcohol Drug Access Srvcs</td>
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Dementia Friendly Communities Summit

Please join us for an interactive morning learning about Dementia Friendly community initiatives.

Friday, June 21, 2019
9:30 a.m. to 12:00 p.m.
Registration at 9:00 a.m.

Sunnyvale Community Center Ballroom
550 E. Remington Drive, Sunnyvale

FREE Registration!

RSVP @ https://dementiasummit19.eventbrite.com