

SANTA CLARA COUNTY BEHAVIORAL HEALTH BOARD PUBLIC MEETING
OLDER ADULT COMMITTEE
Monday, January 14, 2019 (9:00 - 10:30 am)

Downtown Mental Health Center
1075 E. Santa Clara Street, 2nd Floor, Training Room 3 - San José, CA 95116
Contact [Debra Boyd](#) with questions at 408.885.5782

Action may be taken on any item posted on the agenda

AGENDA

Subcommittee Members: Joel Wolfberg, Victor Ojakian and Wesley Mukoyama

For meeting materials go to <http://sccgov.igm2.com/Citizens/Calendar.aspx?View=Calendar>

1. **CALL TO ORDER:**
 - a. **Roll Call:**
 - b. **Introductions:**

2. **APPROVE AGENDA / MINUTES:**
 - a. Approve Agenda - 1/14/19
 - b. Accept Minutes - 11/19/18

3. **PUBLIC COMMENT:** The public may comment on any item of public interest within the jurisdiction of the Behavioral Health Board. In the interest of time and equal opportunity, speakers are requested to observe a **3 minute maximum time limit** (subject to change at the Chair's direction). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on the posted Agenda as they occur during the meeting. Request to Speak Form is available on the table by the entrance. **Please turn in to the BH Board Support Liaison.**

4. **ANNOUNCEMENTS:**
 - a. Save the Date!! The 8th Annual Heroes Awards Luncheon will take place on May 1, 2018.
 - b. Seniors' Agenda Network Summit will take place Thursday, January 31, 2019. Registration is available through Eventbrite, [click here](#) to register.

5. **PRESENTATION:** Catholic Charities Services for Older Adults- Brady Umfleet, Division Director Behavioral Health Services

6. **CHAIR'S REPORT:** Joel Wolfberg

7. **STANDING ITEMS:**
 - a. Legislation

8. **DISCUSSION: FUTURE PRESENTATIONS /DISCUSSION/ PRESENTERS**
 - a. Discuss forwarded motion from the 11/19/18 BHB Meeting: Recommends BHSD conduct a survey of first responders and paramedics about their ability to provide mental health services to older adults.
 - It was agreed at the BHB Full Board Meeting to determine how survey should be conducted, identify what information we are looking to find and develop questions that will be included in the proposed survey.
 - Following discussion and identification of the aforementioned, generate a letter to the Board of Supervisors.
 - b. *Santa Clara County Primary Clinic Provider*
 - c. *Review revision to Mental Health Services Act PEI program*
 - d. *Review older adult services provided by new mobile crisis service*
 - e. *Veterans Affairs Hospital*

- f. *Caregiver Care, Compassion Fatigue*
 - g. *Inventory available older adult mental health peer support services*
9. **OLDER ADULT STAFF PERSON'S REPORT:**
- a. Maria Fuentes, Senior Services Manager, BHSD
10. **FUTURE MEETING TOPICS**
- a. *Mentally Ill Older Adults in the County Jail - TBD*
 - b. *Undiagnosed Mental Illnesses - TBD*
11. **ADJOURNMENT:** The next meeting is calendared for **February 11, 2019 at 1075 E. Santa Clara Street, 2nd Floor, Training Room 2 - San José, CA 95116**

MISSION STATEMENT:

The Older Adult Committee focuses on mental health and substance abuse issues for older individuals (60+). Committee members continued to advocate and express the need for older adult behavioral health services. There is a belief that older adults have distinct characteristics and needs different from other age groups and that funding and services for older adults needs to recognize these difference and provide services accordingly. Training is needed in older adult treatment and prevention and encourage collaboration with other older adult providers.

VISION STATEMENT: The Older Adult Committee's Vision for a system of behavioral health for older adults is

- A thriving older adult division of the Department of Behavioral Health, that delivers services from a foundation of evidence based practices throughout the entire system of behavioral health care.
- A system in which the professionals delivering services experience their work as "supportive" stimulating, rewarding and creative.
- A system where older adults have access to culturally competent, effective and comprehensive treatment and service, where interventions are community oriented and occur at the earliest point of need.

All BHB meetings are open to the public. You are welcome and encouraged to attend.

In compliance with the Americans with Disabilities Act, those requiring accommodation for this meeting should notify Behavioral Health Board Support Staff, Debra Boyd 24 hours prior to the meeting at (408) 885-5782, TDD (408) 993-8272.

COMMUTE ALTERNATIVES: The Board of Supervisors encourages the use of commute alternatives including bicycles, carpooling, and hybrid vehicles. Bicycle parking racks are NOT available at this location.

Public transit access is available to and from Downtown Mental Health Center, 1075 E. Santa Clara St., San José, California by VTA bus lines 22 and 522. For trip planning information, contact the VTA Customer Service Department at 408-321-2300 Monday through Friday between the hours of 6:00 a.m. to 7:00 p.m., and on Saturday from 7:30 a.m. to 4:00 p.m. Schedule information is also available on the web at www.vta.org.

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to all or a majority of the BHB-Older Adult Committee less than 72 hours prior to that meeting are available for public inspection at the Behavioral Health Services Administration, 828 S. Bascom Avenue, Suite 200, San Jose, CA during normal business hours, as well as online at <https://www.sccgov.org/sites/mhd/MentalHealthBoard/OlderAdultCommittee/Pages/default.aspx>

SANTA CLARA COUNTY BEHAVIORAL HEALTH BOARD PUBLIC MEETING
OLDER ADULT COMMITTEE

Monday, November 19, 2018 (9:00 - 10:30 am)

Downtown Mental Health Center
1075 E. Santa Clara Street, 2nd Floor, Training Room 3 - San José, CA 95116

MINUTES

Subcommittee Members: Joel Wolfberg, Victor Ojakian and Wesley Mukoyama

For meeting materials go to <http://sccgov.igm2.com/Citizens/Calendar.aspx?View=Calendar>

1. **CALL TO ORDER:** Chair Ojakian called the meeting to order at 9:04 am
 - a. **Roll Call:**
 - Present: Victor Ojakian, Joel Wolfberg and Wesley Mukoyama (left at 9:54 am)
 - A quorum was established.
 - b. **Introductions:** Roundtable introductions took place.
2. **APPROVE AGENDA / MINUTES:**
 - a. Motion: Wolfberg, Second: Mukoyama; to approve the 11/19/18 agenda. Vote: Passed
 - b. Motion: Wolfberg, Second: Mukoyama: to accept the 9/10/18 meeting minutes. Vote: Passed
3. **PUBLIC COMMENT:** None
4. **ANNOUNCEMENTS:**
 - a. The BHB will recess in December 2018, meetings will resume in January 2019.
 - b. Save the Date!! The 8th Annual Heroes Awards Luncheon will take place on May 1, 2018.
 - c. Wesley Mukoyama shared that he recently attended a [Humanitud](#) workshop related to a French method for treating Alzheimer's, Dementia and chronic Schizophrenia patients.
5. **PRESENTATION: Momentum 24 hour Services for Older Adults - Eleonore Pace, Program Director and Dan Correa, MHRS, Chief of Residential Programs.**
 - a. Eleonore Pace, Dan Correa and Matt Gerolamo provided background information on Crisis Residential Program before going into further detail through the presentation and ensuing discussion.
 - b. The entire presentation can be located in the BHB OA [agenda packet](#).
6. **CHAIR'S REPORT:** Joel Wolfberg
 - a. Mr. Wolfberg did not have a report.
 - b. Victor Ojakian shared information relating to Survivor Day, an American Foundation for Suicide Prevention yearly event when people affected by suicide loss gather in their local communities to find comfort and gain understanding as they share stories of healing and hope. Mr. Ojakian encouraged the group to view the foundation's "A Daughter's Journey" PSA video found [here](#).
7. **STANDING ITEMS:** Victor Ojakian
 - a. Legislation - Mr. Ojakian did not have a report at this time.
8. **DISCUSSION: FUTURE PRESENTATIONS /DISCUSSION/ PRESENTERS**
 - a. *Santa Clara County Primary Clinic Provider*
 - b. *Review revision to Mental Health Services Act PEI program*
 - c. *Review older adult services provided by new mobile crisis service*
 - d. *Veterans Affairs Hospital*
 - e. *Caregiver Care, Compassion Fatigue*
 - f. *Inventory available older adult mental health peer support services*

9. **OLDER ADULT STAFF PERSON'S REPORT:**

- a. Maria Fuentes, Senior Services Manager, BHSD indicated she will follow up on the proposed presenters for future meetings.
- b. Ms. Fuentes provided an update on the Older Adult Summit which will be presented at the next Board of Supervisors' Children, Seniors and Families Committee and will cover older adult services through MHSA.

10. **FUTURE MEETING TOPICS**

- a. Catholic Charities - Brady Umfleet - 1/14/19
- b. Mentally Ill Older Adults in the County Jail - TBD **
- c. Undiagnosed Mental Illnesses - TBD *need more clarity*

ADJOURNMENT: The meeting adjourned at 10:30 am. The next meeting is calendared for 1/14/18 at this location in Training Room 2.

These minutes are respectfully submitted by:

Debra Boyd, (408) 885-5782

SCC Behavioral Health Board Support

Debra.Boyd@hhs.sccgov.org / www.sccbhd.org - view the BHB web page in Information and Resources tab



db

Ferguson, Jessie

From: Ferguson, Jessie
Sent: Tuesday, January 08, 2019 10:40 AM
Subject: Seniors' Agenda Network Summit: Thursday, Jan. 31st

***Please be advised the Seniors' Agenda Network Summit date and location has changed from January 24th to January 31st, new location: Morgan Hill Community and Cultural Center, 17000 Monterey Road, Morgan Hill CA, 95037.**

We apologize for any inconvenience this may have caused.

Seniors' Agenda Network Summit

Thursday, January 31, 2019

12:30 p.m. to 3:00 p.m.

(12:30 p.m. to 1:00 p.m. Registration & Light Refreshments)

Morgan Hill Community and Cultural Center

17000 Monterey Road

Morgan Hill, CA 95037

Guest Speaker: Don Weden

Don Weden was the Principal Planner for the Comprehensive Planning Section of the Santa Clara County Planning Office for many years prior to his retirement.

During his 34 years with Santa Clara County Planning, he managed a wide array of planning studies, including the last comprehensive revision of the County's General Plan. Since his retirement, he has taken on the role of an unpaid community advisor and educator.

Through his presentations he has encouraged local communities to prepare for the significant changes, challenges, and opportunities that will be coming our way in the years ahead – and that will greatly impact our lives and those of our children and future generations.

Register for this free event @

<https://seniorsagendajan2019.eventbrite.com>

Twice a year, the Seniors' Agenda Network Summit brings together nearly 200 professional, aging advocates, and elected officials to actively engage in meaningful learnings to strengthen our community for older adults.

The Seniors' Agenda is a collective impact project lead by the County of Santa Clara Department of Aging and Adult Services.

We look forward to seeing you!



Seniors' Agenda

Behavioral Health Board Older Adult Committee

Catholic Charities of Santa Clara County
Brady Umfleet MA, LCSW
Division Director Behavioral Health Services

Catholic Charities of Santa Clara County

CCSCC

- Who are we?
- Who do we Serve?
- How do we Serve?

Older Adult Programs

- Non-Behavioral Health
- Behavioral Health

Caritas Internationalis

Catholic Charities USA (CCUSA) is a member of Caritas Internationalis. Caritas was founded in Germany in 1897 and is a confederation of over 160 members working in every corner of our world. “Inspired by Catholic faith, Caritas is the helping hand of the Church – reaching out to the poor, vulnerable and excluded, regardless of race or religion, to build a world based on justice and fraternal love.”

Catholic Charities USA

CCUSA was founded in 1910 when about 400 people came together at the Catholic University of America to found the National Conference of Catholic Charities (NCCCC), “to bring about a sense of solidarity” among those working in charitable ministries, and “to be an attorney for the poor.”

Catholic Charities USA

Milestones for CCUSA

- 1929 Great Depression.
- 1972 Embracing an Expanded Mission.
- 1990 Taking on disaster response.
- 2007 The Campaign to Reduce Poverty in America.
- 2017 Taking the Lead in Immigration and Refugee Advocacy

Catholic Charities of Santa Clara County (CCSCC)



Named Non-Profit of the year for 2018 by Silicon Valley Organization.

Our Mission and Vision

Who we Serve



Where we Serve



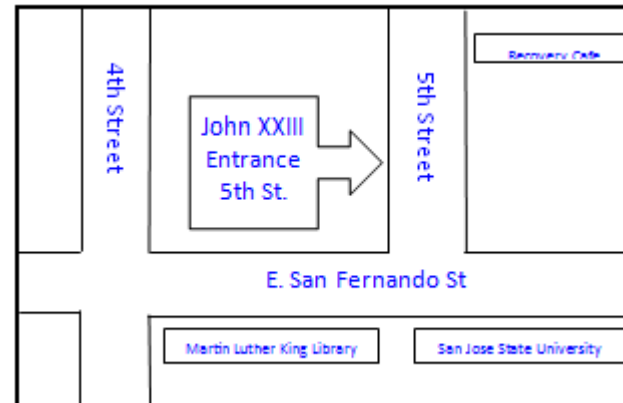
How we Serve



John XXIII Multi-service Center & Senior Services



John XXIII Multi-service Center & Senior Services



195 E. San Fernando St.
San Jose CA, 95112
(408) 282-8600

Open Monday through Friday
9:00 AM—5:00 PM

John XXIII Multi-service Center & Senior Services

FOOD IS LOVE...AND WE LOVE OUR COMMUNITY!



Our staff and volunteers at Catholic Charities of Santa Clara County know too well how difficult it can be for seniors on a fixed income to pay the bills, rent, medication, groceries, and all the things one needs to survive in this valley. To help make things a little more manageable, we provide low-cost hot, nutritious meals to these older neighbors in need at our Eastside Neighborhood Center in East San Jose and at our John XXIII Multiservice Center in downtown San Jose. For many of them, this will be the only hot meal they have that day. Thanks to the big hearts of our staff and volunteers, we have been serving the older generation for more than 54 years. If you can help us feed more seniors by volunteering or gifting us with a donation, please visit www.catholiccharitiesscc.org/donate.

John XXIII Multi-service Center & Senior Services



Programs offered

John XXIII Multi-service Center & Senior Services

Senior Services Based at John XXIII

Ombudsman

Adult Day Care “Day Break Cares”

Golden Gateway Outpatient & Full Service Partnership Mental
Health

Day Break Cares



“The Day Break program has been life-saving for me; I did not know where to turn for help...now I have some time away from caregiving where I can get some things done.
-Carol, San Jose

Day Break Licensed Centers

Day Break San Jose CA License #435200841

St. Francis of Assisi Parish
5111 San Felipe Road
San Jose, CA 95135
(408) 270-4900

Day Break Sunnyvale I CA License #435202021 (Chinese Program)

First United Methodist Church
535 Old San Francisco Road
Sunnyvale, CA 94086
(408) 282-1134

Day Break Cares

“If you are responsible for a dependent adult age 55 or older, Day Break Cares’ Adult Day Care Centers offer much needed respite so you can work, take care of personal business, or rest. Your older loved one will receive excellent care in a comfortable, safe environment.”

Day Break Cares

GRAND OPENING THIS FALL!

Catholic Charities' Adult Day Care New Sunnyvale Location

Limited availability! Reserve a spot for your loved one today.

If you are responsible for a dependent adult age 55+, Catholic Charities' Adult Day Care at our new Sunnyvale location offers much needed respite so you can work, take care of personal business, or rest. Your older loved one will receive excellent care in a comfortable, safe environment.

Our friendly, professional staff provides:

- ◆ Fun, stimulating activities including music, games, & art
- ◆ Opportunities for socializing
- ◆ Gentle physical exercise
- ◆ Memory Care
- ◆ Personal care as needed
- ◆ Nutritious snacks



CALL US FOR A TOUR!

Golden Gateway



Golden Gateway



Full Service Partnership Older Adults



EASTSIDE NEIGHBORHOOD CENTER



2150 Alum Rock Ave
San Jose, CA 95116

Additional Programs for Seniors

- Kinship Resource Center/Grandparent Caregiver
- Handicapables

Kinship Resource Center/Grandparent Caregiver



Handicapables



News Flash

Catholic Charities' Geriatric Home Aide Course Helps Students Kick-start a Career in Healthcare

News Flash

Charities Housing Breaks Ground for Senior Housing

Future of Older Adult Services

“The year 2030 marks an important demographic turning point in U.S. history according to the U.S. Census Bureau’s 2017 National Population Projections. By 2030, all baby boomers will be older than age 65. This will expand the size of the older population so that 1 in every 5 residents will be retirement age.”

(<https://www.census.gov/newsroom/press-releases/2018/cb18-41-population-projections.html>)